

WNA Certification Task VII: Baby Behavior Overview

All materials and instructions for the following trainings can be found on the California State WIC website here: [California Baby Behavior Campaign](#)

All three modules are intended to be **facilitated**. They are not designed as self-learning activities.

Module A: Dr. Jane Heinig's Training is the foundation of Baby Behavior education. This training should be facilitated after the candidate completes the prenatal and breastfeeding, postpartum, and infant modules in Task III.

Module B: The "Staff Refresher" trainings build upon the training in Module A and should be completed at least one month after the training. In order to provide time for practice and skill building, allow one month between the *Cues*, *Crying* and *Sleep* sections. It is recommended to teach these sections in the order listed below as they build upon each other.

Module C: The "Training for Participant Education" module should be facilitated only after the candidate has completed Task IV (Individual Education), Task VI (Facilitating Group Education), and modules A and B in Task VII (Baby Behavior) of the WNA Training Manual. The prenatal education training should be provided before the early infancy training.

Upon completion of the prenatal participant education training (*Understanding Your Newborn Baby's Behavior*), it is recommended the candidate be given the opportunity to teach the class for a period of time prior to being observed/evaluated.

Staff Training Materials

Module A: Dr. Jane Heinig's Training:

- "New Tools to Reduce Overfeeding: The Fit WIC Baby Behavior Study"

Module B: Baby Behavior Staff Refresher Trainings

- Cues
- Crying
- Sleep

Module C: Staff Training for Participant Education

- Materials for prenatal education
- Materials for early infancy education